

Community links:

Choir performing at local residential home

Pupils helping at PTA events

Visits to local churches and events

Responsibilities:

Year 5 and Year 6 reading buddies

Pupil Librarians

Monitors and Playleaders

School Council and Team Safe

Building Self Esteem:

House teams across school

Weekly Lightmoor leaf awards

Headteacher awards, Newsletter announcements

Emails home, class and whole school rewards-system

School Values:

School rules displayed around school

Chris Quigley "Secrets of Success" in every classroom and around school hall.

Zones of Regulation displays in every classroom and used by all staff members to model self regulation.

**PSHE and RSE
Education
At Lightmoor**



Curriculum to encompass SMSC, School values, British Values and Relationship and Sex Education

Three Terms focus:

Healthy Mind and Healthy bodies

Healthy and happy Relationships

Keeping safe online and off line

Mental Health and well being:

Mental health lead

Growth Mind set and Zones of regulation curriculums embedded

Pastoral support:

Nurture room, private 1:1 mentoring bought in
Staff trained in mindfulness, build to express, emotion drawing, Boxall Profile, talk time, anxiety and anger gremlin and keep cool.

Staff member a qualified Grief and Loss specialist

Extra Curricular activities:

Residential trip annual for year 6

Music lesson opportunities

John Muir award

Choir representing school

Sports teams attending events

Range of clubs after school