

Week 1

Monday

Big Breakfast *Back Bacon, Pork Sausage*

Quorn Sausage, Free Range Scrambled Egg V

Potato Smiles, Baked Beans, Mushrooms, Tomatoes, Seasonal Salad Bar, Homemade Bread Selection

Fruit Muffins

Thursday

Chicken Strips in BBQ or Tomato Sauce

Quorn Pieces in BBQ or Tomato Sauce V

Boiled Rice, Seasonal Vegetables, Seasonal Salad Bar, Homemade Bread Selection

Chocolate Sponge & Custard

Tuesday

Homemade Cheese & Tomato Pizza *Cheese & Tomato Topped Pizza with a Deep Crust Base* V

Quorn Pasta Bake V

Diced Herby Potatoes, Seasonal Vegetables, Seasonal Salad Bar, Soft Bap

Homemade Biscuit Selection

Friday

Jumbo Cod Fish Finger *Fillet of Fish Coated in a Crispy Breadcrumbs or Salmon Fishcake*

Potato & Garlic Bake V

Chips, New Potatoes, Seasonal Vegetables, Seasonal Salad Bar, Homemade Bread Selection

Strawberry or Chocolate Mousse



Wednesday

Traditional Roast with a Rich & Tasty Gravy

Oven Roast Vegetables *Served in a Yorkshire pudding & topped with Mature Cheddar* V

Crisp Roast Potatoes, Creamed Mash Potato, Seasonal Vegetables, Homemade Bread Selection

Fruit Jelly

FUN FOOD FACTS
The average corn on the cob has 800 kernels!!!



Week 2

Monday

Big Breakfast *Back Bacon, Pork Sausage*

Quorn Sausage, Free Range Scrambled Egg V

Potato Smiles, Baked Beans, Mushrooms, Tomatoes, Seasonal Salad Bar, Homemade Bread Selection

Iced Muffins

Tuesday

Wrap Selection - Cheese, Tuna Mayonnaise, Ham Soft Flour Wrap *served with a selection of fillings*

Quorn & Vegetable Pasta *Baked Quorn Mince & Seasonal Vegetables cooked in a Rich Tomato Sauce & mixed with Pasta Twists and baked* V

Jacket Potato Wedges, Seasonal Vegetables, Big Salad Bar, Beetroot, Coleslaw, Homemade Bread

Fruit Yoghurt, Fresh Fruit or Cheese & Crackers

Wednesday

Traditional Roast with a Rich & Tasty Gravy

Quorn Parcels *Diced Quorn & roast vegetables encased in puff pastry* V

Crisp Roast Potatoes, Light & Fluffy, Swede & Potato Mash, Seasonal Vegetables, Homemade Bread

Marble Sponge & Custard

Individual Yoghurt, Fresh Fruit or Cheese & Crackers available daily. All items subject to availability.

Thursday

Chicken Strips With Curry Sauce *Tender pieces of Farm Assured Chicken in a Chefs Curry Sauce*

Vegetable Curry *Seasonal Vegetables in a Chefs Curry Sauce* V

Boiled Rice, Seasonal Vegetables, Seasonal Salad Bar, Homemade Bread

Homemade Mini Shortbread & Milk Shake



FUN FOOD FACTS
If you ate a different variety of apple everyday, it would take you more than 20 years to try them all - there's over 7500 types!



Friday

Jumbo Fish Finger *Fillet of Fish Coated in a Crispy Breadcrumbs or Battered Fillet of Fish White Fillet coated in a light Batter*

Quorn Nuggets V

Chips, Lemon Couscous, Seasonal Vegetables, Seasonal Salad Bar, Homemade Bread

Strawberry or Chocolate Mousse

Week 3

Monday

Big Breakfast *Back Bacon, Pork Sausage*

Quorn Sausage, Free Range Scrambled Egg V

Potato Smiles, Baked Beans, Mushrooms, Tomatoes, Seasonal Salad Bar, Homemade Bread Selection

Lets Dine Fresh from the Farm Ice Cream

Tuesday

Beef Bolognese *Farm Assured Red Tractor Mince in a Rich Tomato Sauce* **or Tuna & Sweetcorn Pasta Bake** *Topped with Cheddar Cheese & oven baked*

Cheese & Onion Slice *Creamed Potato, Mature Cheese & Diced Onions encased in Golden Puff Pastry* V

Sliced Baked Potatoes, Seasonal Vegetables, Seasonal Salad Bar, Garlic Bread

Fruit Muffins

Wednesday

Traditional Roast with a Rich & Tasty Gravy

Quorn Mince & Vegetables with Gravy in a Yorkshire Pudding

Crisp Roast Potatoes, Creamed Sweet Potato Mash, Seasonal Vegetables, Homemade Bread Selection

Homemade Flapjack

Thursday

Chicken Strips in Tomato Sauce or Gravy *Farm Assured Red Tractor Chicken served with a Rich Tomato Sauce or Gravy*

Quorn Pieces in a Rich Tomato Sauce V

Boiled Rice, Pasta Twists, Seasonal Vegetables, Seasonal Salad Bar, Homemade Bread Selection

Iced Sponge & Custard

Friday

Battered Fillet of Fish *White Fillet coated in a light Batter* **or Jumbo Fish Finger** *Fillet of Fish Coated in a Crispy Breadcrumbs*

Old Park Savoury Muffin V

Chips, Lemon Couscous, Seasonal Vegetables, Seasonal Salad Bar, Homemade Bread Selection

Homemade Shortbread



FUN FOOD FACTS
The world's heaviest carrot was grown in Nottinghamshire in 2014 and weighed over 9kg!

